



**We take greater pains to persuade others that we are happy  
than in endeavoring to think so ourselves.**

*~ Confucius, ancient Chinese philosopher*

**If we really love ourselves, everything in our life works.**

*~ Louise Hay, American writer, publisher, healer*

**Trust yourself, then you will know how to live.**

*~ Johann von Goethe, German philosopher*

**What a man thinks of himself,  
that it is which determines, or rather indicates his fate.**

*~ Henry David Thoreau, America writer, philosopher*

**For myself I am an optimist – it does not seem to be much use being anything else.**

*~ Winston Churchill, former UK prime minister*

**I had actively participated in every moment of the creation of this life.  
So, why didn't I see myself in any of it?**

*~ Elizabeth Gilbert, American writer*

**The aim of life is to live, and to live means to be aware,  
joyously, drunkenly, serenely, divinely aware.**

*~ Henry Miller, American writer*

**When you love you should not say, "God is in my heart",  
but rather, "I am in the heart of God".**

*~ Kahlil Gibran, Lebanese poet, philosopher*

**Of all the death bed regrets that I have heard,  
not one of them as been "I wish I had spent more time at the office".**

*~ Wayne Dyer, American writer*

**I know all those people.  
I have friendly, social, and criminal relations with the whole lot of them.**

*~ Mark Twain, American writer, philosopher*

**Holding on to anger is like grasping a hot coal  
with the intent of throwing it at someone else;  
you are the one who gets burned.**

*~ Buddha, ancient Indian inspiration for Buddhism*

**In fact, it may be necessary to encounter the defeats, so you know who you are,  
what you can rise from, how you can still come out of it.**

*~ Maya Angelou, American poet, writer*

**Life is like music; it must be composed by ear, feeling, and instinct, not by rule.**

*~ Samuel Butler, English writer, painter, musician*